

2<sup>nd</sup> QUARTER - Mon., October 22, 2018 — Fri., December 21, 2018

Please indicate the activities your student is enrolling in below. Course descriptions are on following pages.

<u>CLUB</u>	<u>DAY AND TIME</u>	<u>INSTRUCTOR</u>	<u>GRADE</u>
___ CHEERLEADING K5 - 3 <sup>rd</sup>	Monday 3:00 - 4:30 pm	Jackie Toombs	K5-3rd
___ CHEERLEADING 4 <sup>th</sup> - 8 <sup>th</sup>	Monday 3:00 - 4:30 pm	Hannah Toombs	4th-8th
___ ART CLUB	Tuesday 3:00 - 4:00 pm	Kristena Mullins	K5-5th
___ CHOIR	Tuesday 7:30 - 8:00 am <b>AND</b> Wednesday 7:30 - 8:00 am	Kristine Caldwell	K5-5th
___ BALLET- PRESCHOOL	Tuesday 12:30 - 1:30 pm	Lisa Whatham	K3-K4
___ BALLET- ELEMENTARY	Wednesday 3:00 - 4:00 pm	Lisa Whatham	K5-5th
___ SPORTS - PRESCHOOL	Wednesday 12:30 - 1:15 pm	Coach Jenn Diaz	K3-K4
___ SPORTS - ELEMENTARY	Wednesday 3:00 - 4:00 pm	Coach Damian Fragata	K5-3rd
___ HIP HOP - PRESCHOOL	Thursday 12:30 - 1:30 pm	Rebecca Germain	K3-K4
___ HIP HOP - ELEMENTARY	Thursday 3:00 - 4:00pm	Rebecca Germain	K5-5th
___ COOKING - PRESCHOOL	Friday 12:30 - 1:30 pm	Chef Alicia Butler	K3-K4
___ COOKING - ELEMENTARY	Friday 3:00 - 4:00 pm	Chef Alicia Butler	K5-5th
___ BEGINNERS TRACK & FIELD	Monday through Thursday 2:30 - 4:00 pm	Jimmie Beck	K5 & 1 <sup>st</sup>

Please make checks payable to **PCA** in an envelope marked "Afterschool Activities."

**PCA Disclaimer**

Approved instructors will provide the Afterschool Activities offered to PCA students. Although these services are on PCA property, the agreement is between the family and instructor. PCA will not be responsible for any make-up classes, refunds, or program events.

Communication will take place between the instructor and family.

**PCA Liability :** I will not hold PCA or any faculty member responsible for any accidents or injuries as a result of normal class participation.

## Class Registration Form

PLEASE MARK ABOVE THE ACTIVITIES YOU WILL BE PARTICIPATING IN.

My Child listed below has permission to attend class.

Child's Name: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Cell: \_\_\_\_\_ Grade: \_\_\_\_\_

Email: \_\_\_\_\_ Return to Aftercare: \_\_\_\_\_ Yes \_\_\_\_\_ No

Allergies/Special Needs: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Charge FACTS \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_ Amt. Enclosed: \$ \_\_\_\_\_

If you're picking up your elementary school child after class, please meet under the black awning at 4:00 pm; (CHEERLEADING at 4:30 pm).



# AFTERSCHOOL ACTIVITIES

## 2<sup>ND</sup> QUARTER . 2018-2019



PCA's Cheerleading/Dance coaches are Coach Jackie Toombs & Ms. Hannah Toombs. Coach Jackie Toombs was a West Pines' Optimist head cheerleading coach for 6 years from 2006 – 2012. The team won 1<sup>st</sup> place every year in cheer competitions at University of Miami under her direction. Her teams won 1<sup>st</sup> and 2<sup>nd</sup> place at UCA and other competitions. Coach Jackie Toombs also choreographs West Pines Optimist homecomings and half-time shows. On **Mondays from 3:00 - 4:30 pm**, students in grades K5 – 3<sup>rd</sup> and 4<sup>th</sup> – 8<sup>th</sup> will learn cheer and performance techniques for PCA chapels and games.

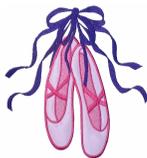
Please contact Jackie at (954) 851-5384 for more information.

\_\_\_\_\_ **\$125 per quarter**



PCA 's Choir is open to elementary school students from K5-5th grades on **Tuesdays and Wednesdays from 7:30—8:00 am**. Ms. Kristine Caldwell is an accomplished singer, songwriter, recording artist, and worship leader. She uses her gifts to let God shine through private piano and voice lessons, to school music programs. Students participating in the PCA Choir will learn to develop proper voice techniques as they practice, create, and perform musical pieces. Choir will make up the core of our chapel worship team. Kristine Caldwell is available to speak with any family or student about developing specific musical gifts. Feel free to contact her at [judahscribemusic@gmail.com](mailto:judahscribemusic@gmail.com) for more details. *\*Please note this class has changed its date and time to allow students more choices.*

\_\_\_\_\_ **\$100 per quarter**



PCA's dance instructor Ms. Lisa Whatham, attended Liverpool School Royal Institution and holds an IDTA Associate degree in modern dance. Lisa has worked with renowned choreographers, film makers, and musical directors, while being featured in several commercials, TV shows, videos, and theatrical productions. She is currently pursuing her passion in teaching children ballet, tap, jazz, and musical theatre. Ballet will be offered for preschoolers K3—K4 on **Tuesdays from 12:30—1:30 pm**. **Elementary will be offered on Wednesdays from 3:00 – 4:00 pm**.

Please feel free to call Miss Lisa with any questions (954) 348-7383.

\_\_\_\_\_ **\$110 per quarter**



PCA's **Preschool Sports** will be held each **Wednesday from 12:30 - 1:15 pm**. Classes will be held on the field or in the Kids auditorium on rainy days. Each student will receive a t-shirt and medal. Coach Jennifer Diaz will teach the following skills each quarter:

1st Quarter: Soccer - Dribbling, Heading, Kicking, Running and Throwing

2nd Quarter: Basketball - Defense, Dribbling, Passing, and Running

3rd Quarter: Flag Football - Flag Pulling, Catching, Defense, Passing, Footwork & Teamwork

4th Quarter: Soccer - Dribbling, Heading, Kicking, Running and Throwing

Please feel free to contact Coach Diaz at (954) 931-2218 or [jjones1212@aol.com](mailto:jjones1212@aol.com) for more information.

**Make sure your child brings tennis shoes and a water bottle to class.**

\_\_\_\_\_ **\$100 per quarter**



PCA's Art Club is taught by Ms. Kristena Mullins. Class will be held on **Tuesdays from 3:00 - 4:00 pm**. In this afterschool activity, students will explore various artistic techniques, artists, and art works. The student will learn age appropriate two- and three-dimensional art projects, such as painting, sculpture, and paper mache'.

Please contact Kristena Mullins for more information at [kristena.mullins@ilovepca.com](mailto:kristena.mullins@ilovepca.com).

\_\_\_\_\_ **\$100 per quarter**

# AFTERSCHOOL ACTIVITIES

## 2<sup>ND</sup> QUARTER - 2018-2019

PCA's **Elementary Sports** will be held each **Wednesday from 3:00pm - 4:00 pm**. Classes will be held on the outside basketball court or in the Kids auditorium on rainy days. Coach Damian Fragata will teach the following skills each quarter:

### SPORTS



1st Quarter: Soccer - Dribbling, Heading, Kicking, Running and Throwing

2nd Quarter: Basketball - Defense, Dribbling, Passing, and Running

3rd Quarter: Flag Football - Flag Pulling, Catching, Defense, Passing, Footwork & Teamwork

4th Quarter: Soccer—Dribbling, Heading, Kicking, Running and Throwing

Please feel free to contact Coach Damian at (954) 683-3327 or [damian.fragata@gmail.com](mailto:damian.fragata@gmail.com) for more information.

**Make sure your child brings tennis shoes and a water bottle to class.**

\_\_\_\_\_ **\$100 per quarter**

Ms. Rebecca Germain, our hip-hop dance instructor will be teaching a high energy Hip Hop class that uses the latest sounds and dance choreography. This class will break down steps and techniques and emphasize bringing style and personality to the movement. Ms. Germain has choreographed and taught hip-hop for over 10 years, studying under renowned instructors at the Broadway Dance Center in New York. She has performed on many popular stages, such as "The Apollo," BET, and Madison Square Garden. Hip-Hop is never done small and students will be encouraged to step outside of the box and dance BIG, fusing their potential inside and out.



**Thursdays: Preschool 12:30 to 1:30pm - Elementary: 3:00 to 4:00pm.**

Please contact Rebecca Germain for more information at [rebecca.a.germain@gmail.com](mailto:rebecca.a.germain@gmail.com).

\_\_\_\_\_ **\$110 per quarter**

PCA's Culinary Kids Class instructor is Chef Alicia Butler, a graduate of Le Cordon Bleu Culinary School and former private chef. Chef Butler is passionate about food and the creativity used to make cooking and baking fun. Pre-school and Elementary students will learn basic culinary skills, such as: mixing batter in bowls, rinsing and draining fruits and vegetables, pouring liquid ingredients, mashing foods, using cookie cutters, whisking, knife skills, using a dull butter knife, measuring liquid and dry ingredients, food tasting, hand-washing, and so much more! Chef Butler believes that learning a new skill must include having fun. This class is a fun-filled, creative and energetic environment. For more information, please call Alicia at (954) 663-9398. **(Material needed: Apron)**



Friday's Preschool: 12:30 pm - 1:30 pm - Elementary: 3:00 pm - 4:00 pm

\_\_\_\_\_ **\$130 per quarter**

PCA's **Beginners Track & Field** will be held for K5 and 1<sup>st</sup> grade with a flexible schedule, **Monday through Thursday from 2:30pm - 4:00pm**. Classes will be held on the field or in the Kids auditorium on rainy days. Coach Jimmie Beck will focus on teaching the skills necessary to prepare students for Track & Field, including throwing, jumping, and running. Students will also learn about proper nutrition and hydration, developing discipline for running, and stamina. If your child is involved in other after school activities, they may attend this class as his/her schedule permits. Please feel free to contact Coach Jimmie directly at (786) 359-8876 for more information.



**Please bring a t-shirt, shorts, good running shoes, and a water bottle for practice.**

\_\_\_\_\_ **\$125 per quarter**