

<input type="checkbox"/> <b>1st QUARTER</b> Mon., August 19, 2019 — Wed., October 16, 2019	<input type="checkbox"/> <b>2nd QUARTER</b> Mon., October 21, 2019 — Fri., December 20, 2019	<input type="checkbox"/> <b>3rd QUARTER</b> Tues., January 7, 2020 — Thurs., March 19, 2020	<input type="checkbox"/> <b>4th QUARTER</b> Mon., March 30, 2020 — Thurs., May 28, 2020
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**Please indicate the activities your student is enrolling in below. Course descriptions are on the following page.**

<u>CLUB</u>	<u>DAY AND TIME</u>	<u>INSTRUCTOR</u>	<u>GRADE</u>	<u>QUARTER OFFERED</u>
___ CHEERLEADING K5 - 3 <sup>rd</sup>	Monday 3:00 - 4:30 pm	Jackie Toombs	K5-3rd	1st - 4th
___ CHEERLEADING 4 <sup>th</sup> - 8 <sup>th</sup>	Monday 3:00 - 4:30 pm	Hannah Toombs	4th-8th	1st - 4th
___ ART CLUB	Tuesday 3:00 - 4:00 pm	Kristena Mullins	K5-5th	1st - 4th
___ CHOIR	Tuesday 7:30 - 8:00 am <b>AND</b> Wednesday 7:30 - 8:00 am	Abigail McCaw	K5-5th	1st - 4th
___ BALLET	Wednesday 3:00 - 4:00 pm	Lisa Whatham	K5-5th	1st - 4th
___ SPORTS	Wednesday 3:00 - 4:00 pm	Coach Damian Fragata	K5-3rd	1st - 4th
___ HIP HOP	Thursday 3:00 - 4:00pm	Rebecca Germain	K5-5th	1st - 4th
___ COOKING	Friday 3:00 - 4:00 pm	Jeralin Felipe & Nicole Rodriguez	K5-8th	1st - 4th
___ KIDS STAY FIT	Friday 3:00 - 4:30 pm	Coach Jimmie Beck	K5-5th	1st - 4th
___ BEG. TRACK & FIELD	Monday through Thursday 2:30 - 4:00 pm	Coach Jimmie Beck	K5 & 1 <sup>st</sup>	2nd

**Please make checks payable to PCA in an envelope marked "Afterschool Activities."**

**PCA Disclaimer**

Approved instructors will provide the Afterschool Activities offered to PCA students. Although these services are on PCA property, the agreement is between the family and instructor. PCA will not be responsible for any make-up classes, refunds, or program events. Communication will take place between the instructor and family.

**PCA Liability :** I will not hold PCA or any faculty member responsible for any accidents or injuries as a result of normal class participation.

## Class Registration Form

**PLEASE MARK ABOVE THE ACTIVITIES YOUR STUDENT WILL BE PARTICIPATING IN.**

**My child listed below has permission to attend class.**

Child's Name: \_\_\_\_\_ Teacher's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Cell: \_\_\_\_\_ Grade: \_\_\_\_\_

Email: \_\_\_\_\_ Return to Aftercare: \_\_\_\_\_ Yes \_\_\_\_\_ No

Allergies/Special Needs: \_\_\_\_\_

Charge FACTS \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_ Personalized Apron (optional purchase for Cooking students) \$25 \_\_\_\_\_

Total Amt. Enclosed: \$ \_\_\_\_\_ Parent Signature: \_\_\_\_\_

If you're picking up your elementary school child after class, please meet under the black awning at 4:00 pm; (CHEERLEADING at 4:30 pm).

# AFTERSCHOOL ACTIVITIES: ELEMENTARY

## 2019 - 2020



PCA's Cheerleading/Dance is offered in Quarters 1 through 4. Coaches are Ms. Jackie Toombs & Ms. Hannah Toombs. Coach Jackie Toombs was a West Pines' Optimist head cheerleading coach for 6 years from 2006 – 2012. The team won 1<sup>st</sup> place every year in cheer competitions at the University of Miami under her direction. Her teams won 1<sup>st</sup> and 2<sup>nd</sup> place at UCA and other competitions. Coach Jackie Toombs also choreographs West Pines Optimist homecomings and half-time shows. Students in grades K5 – 3<sup>rd</sup> and 4<sup>th</sup> – 8<sup>th</sup> will learn cheer and performance techniques for PCA chapels and games. Please contact Jackie at (954) 851-5384 for more information.

**Mondays from 3:00 - 4:30 pm - \$125 per quarter**



PCA's Art Club is offered in Quarters 1 through 4 and is taught by Ms. Kristena Mullins. In this afterschool activity, students will explore various art techniques, artists, and works of art. The student will learn age-appropriate two- and three-dimensional art projects, such as painting, sculpture, and paper mache'. Please contact Kristena Mullins for more information at kris-tena.mullins@ilovepca.com.

**Tuesdays from 3:00 - 4:00 pm - \$100 per quarter**

PCA's Choir is offered in Quarters 1 through 4 and is open to elementary school students from K5-5th grades. Mrs. Abigail McCaw graduated with a Bachelors of Arts in Interdisciplinary Studies from Florida Atlantic University and started her Master's in Education at Nova Southeastern University. Her desire is to see her students have a true encounter with the Lord, especially through worship. Students participating in the Choir will learn to develop proper voice techniques as they practice, create, and perform musical pieces. Choir will make up the core of PCA's chapel worship team. Mrs. McCaw also offers private piano and voice lessons. She is available to speak with any family or student about developing specific musical gifts. Feel free to contact her at Abigail.McCaw@ilovepca.com or (954) 434-1550 for more details.

**Tuesdays and Wednesdays from 7:30 - 8:00 am - \$100 per quarter**



PCA's Ballet is offered in Quarters 1 through 4. The dance instructor Ms. Lisa Whatham. She attended the Liverpool Theatre School Royal Institution and holds an IDTA Associate degree in modern dance. Lisa has worked with renowned choreographers, filmmakers, and musical directors, while being featured in several commercials, TV shows, videos, and theatrical productions. She is currently pursuing her passion in teaching children ballet, tap, jazz, and musical theatre. Please feel free to call Miss Lisa with any questions (954) 348-7383.

**Wednesdays from 3:00 - 4:00 pm - \$110 per quarter**

PCA's **Elementary Sports** is offered in Quarters 1 through 4. Classes will be held on the outside basketball court or in the Kids auditorium on rainy days. Coach Damian Fragata will teach the following skills each quarter:

1st Quarter: Flag Football - Flag Pulling, Catching, Defense, Passing, Footwork, and Teamwork

2nd Quarter: Soccer - Dribbling Heading, Kicking Running, and Throwing

3rd Quarter: Basketball - Defense, Dribbling, Passing, and Throwing

4th Quarter: Flag Football - Flag Pulling, Catching, Defense, Passing, Footwork, and Teamwork

Please feel free to contact Coach Damian at (954) 683-3327 or damian.fragata@gmail.com for more information.

**\*Make sure your child brings tennis shoes and a water bottle to class.**

**Wednesdays from 3:00pm - 4:00 pm - \$100 per quarter**

## SPORTS



# AFTERSCHOOL ACTIVITIES: ELEMENTARY

## 2019 - 2020



PCA's Hip Hop Class is offered in Quarters 1 through 4 and is led by Mrs. Rebecca Germain. Our hip-hop dance instructor will be teaching a high energy class that uses the latest sounds and movements, breaking down steps and techniques that emphasize style and personality. Rebecca has choreographed and taught hip-hop for over 10 years, studying under renowned instructors at the Broadway Dance Center in New York. She has performed on many popular stages, such as "The Apollo," BET, and Madison Square Garden. Hip-Hop is never done small and students will be encouraged to step outside of the box and dance big, fusing their potential inside and out. Please contact Rebecca Germain for more information at [rebecca.a.germain@gmail.com](mailto:rebecca.a.germain@gmail.com).

**Thursdays from pm 3:00 to 4:00 pm - \$110 per quarter**



PCA's Cooking with Kids is offered in Quarters 1 through 4. Instructors are Ms. Jeralin Felipe and Mrs. Nicole Rodriguez. Both teachers are passionate about food and the creativity used to make cooking and baking fun. Elementary students will learn basic culinary skills, such as: mixing batter in bowls, rinsing and draining fruits and vegetables, pouring liquid ingredients, mashing foods, using cookie cutters, whisking, knife skills, measuring liquid and dry ingredients, food tasting, hand-washing, and so much more! Ms. Jeralin and Mrs. Nicole believe that learning a new skill must include having fun. This class is held in a fun-filled, creative and energetic environment. For more information, please call Jeralin/Nicole at (954) 434-1550.

**\*Material needed: Apron**

**Fridays from 3:00 pm - 4:00 pm - \$130 per quarter**



PCA's Kids Stay Fit is offered in Quarters 1 through 4. Class will be held on the field or in the Kids auditorium on rainy days. Coach Jimmie Beck will lead and teach students about mental toughness skills, team building, and leadership training through exercise and fitness. For more information contact Coach Beck at (786) 359-8876 or [kingsonj@icould.com](mailto:kingsonj@icould.com).

**Fridays from 3:00 - 4:30 pm - \$100 per quarter**



PCA's Beginners Track & Field will be held for K5 and 1<sup>st</sup> grade during the 2nd Quarter only. Classes will be held on the field or in the Kids auditorium on rainy days. Coach Jimmie Beck will focus on teaching the skills necessary to prepare students for Track & Field, including throwing, jumping, and running. Students will also learn about proper nutrition and hydration, developing discipline for running, and stamina. If your child is involved in other after school activities, they may attend this class as his/her schedule permits. Please feel free to contact Coach Jimmie directly at (786) 359-8876 for more information.

**\*Please bring a t-shirt, shorts, good running shoes, and a water bottle for practice.**

**Mondays through Thursdays from 2:30pm - 4:00pm - \$125 per quarter**